



**GIAN SAGAR MEDICAL COLLEGE & HOSPITAL**  
 RAM NAGAR, RAJPURADistrict : Patiala, Punjab (INDIA)  
 E-Mail: academicscc@giansagar.net

Ref No: GSMCH/Acad/CC/2025/195

Date: 25 Sep 2025

**MBBS BATCH 2025 PHASE I**  
**FOUNDATION COURSE w.e.f 01.10.2025 to 11.10.2025**

DAYS	9:00- 9:30	9:30- 10:30	10:30- 11:30		11:30-12:30	12:30-1:30	1:30-2:00	2:00-3:00	3:00-4:00	4:00-5:00	
			10:30- 11:00	11:00-11:30							3:30-4:00
Wednesday 01.10.2025	FC1.3 Introduction & Ice-breaking <b>Foundation Course Comm (FCC)</b>	FC1.4 Welcome address: Principal  FCC	FC1.5, 1.7 Institutional & Hostel rules  Dr Babita	FC1.4 Anti-ragging law  Dr. Shekhar	FC 4.6 Gender equality & Cultural diversity  Dr. Anureet Kaur	FC 1.8 Role of Doctor in society & in Health care delivery  Dr. Pushapindra Kaushal	<b>L U N C H</b>	FC 1.5 Visit to campus & Hospital  Dr Neeraj (Addl MS)	Log Book  Academic I/C	Sports	
Thursday 02.10.2025	HOLIDAY							HOLIDAY			
Friday 03.10.2025	FC 5.3,5.4,5.5 Reflective writing  FCC	FC 1.2 Roles of Indian Medical Graduate  Academic I/C	FC 1.6 Future Career options & opportunities  Dr. Anuj Kumar	FC1.7 MBBS Program  Academic I/C	FC 4.5 Disability Competencies  Dr. Parik Dev	FC 4.13& 4.14 Learning Pedagogy & SDL  Dr. Neelamjit Kaur		FC 4.11 Role of Yoga & Meditation  Dr. Brinder	Sports		
Saturday 04.10.2025	FC 5.3,5.4,5.5 Student Reflections  FCC	FC 1.9 Principles of family practice  Dr. Praizy Bhandari	FC 5.5 Social Media in Medical Edu. Online Resources & Research Dr. P.P. Khosla & Dr. Shanu Raina	FC4.1&4.2 Professionalism & Ethics  Dr. Neelamjit Kaur & Dr. Priyanka Malik	FC 4.4&4.12 Group dynamics  Dr. Anuj Kumar & Dr. Neelanjana De	Sports					

Academic I/C 25/9/25

Professor I/C Academics  
 Gian Sagar Medical College & Hospital  
 Ram Nagar, Rajpura, Dist. Patiala.

Principal  
 Gian Sagar Medical College & Hospital  
 Ram Nagar Rajpura  
 Patiala, Punjab (INDIA)  
**PRINCIPAL**

DAYS	9:00- 9:30	9:30- 10:30	10:30- 11:30	11:30-12:30	12:30-1:30	1:30-2:00	2:00-3:00	3:00-4:00	4:00-5:00	
<b>Monday</b> 06.10.2025	FC 5.3,5.4,5.5 Student Reflections  FCC	FC3.3, 3.4, 3.5, 3.6 Family Adoption Program- Field Visit & Debrief  Dept. of Community Medicine Dr. Amandeep Kaur, Dr. Nidhi Nain, Dr. Divya, Dr. Karanvir Singh				<b>L U N C H</b>	FC5.1&5.2 Communication with patient(verbal)  Dr. Manjit KMohi	FC5.1 Non-verbal Communication  Dr. Sukhinder	Sports	
<b>Tuesday</b> 07.10.2025	HOLIDAY									
<b>Wednesday</b> 08.10.2025	9:00- 10:30		10:30-1:30				FC2.9 Medical jurisprudence; Importance of documentation; Visit to MRD  Dr. Sandeep Raju, Dr. Sanchit & Dr. Amandeep	Sports		
	FC 4.15 Effective Feedback: Giving & Receiving  Dr. Parik Dev & Dr. Neha Syal		FC 2.1 Basic Life Support  Department of Anesthesia							
<b>Thursday</b> 09.10.2025	FC 5.3,5.4,5.5 Student Reflections  FCC	9:30- 11:00		11:00-1:30			F1, 1.1; FC 2.3, 2.5 History of Pandemic Infection control; Universal Precautions; Hand Hygiene (Activity based/ workshop)  Department of Microbiology	Sports		
		FC 2.6, 2.8 Needle Stick Injury; Biohazardous materials & BMW: Safe disposal (Activity based/ workshop) Department of Pathology		FC 2.2 First Aid (Activity based/ workshop) Coordinator- Dr Preetinder Brar Department of Medicine, Surgery&Orthopedics						
<b>Friday</b> 10.10.2025	9:00-10:30		10:30- 11:30		FC 4.11 Role of Mentoring  Dr. Rupali Verma Bagga		FC1.5 Mentor-Mentee Meeting  Dr Shekhar	Students open house  Sports & Cultural Committee	Sports	
	FC4.7 Stress & Time Management Dr. Reema Bana & Dr. Siddarth		FC4.3, 4.10 Interaction with peers& interpersonal relations Dr. Jaspreet Takkar							
<b>Saturday</b> 11.10.2025	FC 5.3,5.4,5.5 Student Reflections FCC	FC4.1, 4.2 AETCOM Dr. Nayana Pathak	FC 4.1, 4.2, 4.3 White Coat Ceremony Sports & Cultural Committee All Faculty			Student Reflections and feedback  FCC	Sports			

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