



GIAN SAGAR MEDICAL COLLEGE & HOSPITAL
RAM NAGAR, RAJPURA District : Patiala, Punjab (INDIA)
E-Mail: academicgsmch@gmail.com

Ref No: GSMCH/Acad/CC/2026/ 79

Date: 11.09.2026

MBBS BATCH 2026 PHASE I FOUNDATION COURSE w.e.f 15.09.2026 to 28.09.26

DAYS	9:00- 9:30	9:30- 10:30	10:30- 11:30	11:30-12:30	12:30-1:30	1:30-2:00	2:00-3:00	3:00-4:00	4:00-5:00
Tuesday 15.09.2026	FC 1.3 Introduction Ice-breaking FCC	FC 1.4 Welcome address: Principal	FC 1.7 MBBS Program Academic I/C	FC 1.5, 1.7 Institutional & Hostel rules	FC 1.4 Anti-ragging law	L U N C H	FC 1.5 Visit to campus & Hospital FCC & MC		Sports
Wednesday 16.09.2026	FC 5.3, 5.4, 5.5 Reflective writing FCC	FC 1.2 Roles of Indian Medical Graduate Academic I/C	FC 1.6 Future Career options & opportunities	FC 4.8 Role of Yoga & Meditation			FC 4.13 Reflections Writing & Logbook FCC (Activity bases/workshop)		Sports
Thursday 17.09.2026	Student Reflections (Comm. skill) FCC	FC 1.1 Role of doctor in society	F 1 History of Pandemic Microbiology	F 1.1, FC 2.3, 2.5 Infection control; Universal Precautions; Microbiology (Activity based/ workshop)			FC 2.4, 2.7 Biohazardous materials & BMW safe disposal Pathology (Activity based/ workshop)		Sports
Friday 18.09.2026	Student Reflections FCC	FC 1.10 History of Medicine Medicine	FC 4.13 Learning Pedagogy MEU	FC 4.15 Self-Directed Learning MEU	FC 3.1, 3.2 National Health Goals & Policies Comm. medicine		FC 4.4, 4.12 Group dynamics MEU		Sports
Saturday 19.09.2026	Student Reflections (Comm. skill) FCC	FC 1.8 Role of Physician in Health care delivery Comm. Medicine	FC 1.9 Principles of family practice Comm. Medicine	FC 4.1 & 4.2 Professionalism & Ethics MEU			FC 5.1 & 5.2 (Workshop) Communication with Patient(Verbal)		Sports
Monday 21.09.2026	Student Reflections (ECA) FCC	AETCOM MEU	FC 3.3, 3.4, 3.5, 3.6 Field Visit & Debrief (Community Medicine)				Social Media in Medical education		FC 3.2 National health scenario, Demogrphic & Epidemiological issue

Tuesday 22.09.2026	Student Reflections (ECA) FCC	FC 4.7 Stress Management & Time Management Anesthesia				L U N C H	FC 4.15 Effective Feedback; Giving & Receiving MEU		Sports
Wednesday 23.09.2026	Student Reflections (Comm. skill) FCC	FC 2.1 Basic Life Support Anesthesia					FC 2.9 Medical jurisprudence; Importance of documentation Forensic	Visit to MRD Forensic	Sports
Thursday 24.09.2026	Student Reflections (ECA) FCC	FC 2.2 First Aid (Medicine, Surgery, Orthopedics)					FC 4.5 Disability Competencies Dr. Parik Dev	FC 4.8 Role of Yoga & Meditation	Sports
Friday 25.09.2026	Student Reflections (Comm. skill) FCC	FC 4.3 Interaction with peers, seniors & faculty	FC 4.10, 4.4 Interpersonal Relations & Conflict Management	FC 4.11 Role of Mentoring MEU	FC 1.5 Mentor-Mentee Meeting FCC		FC 4.6 Gender Quality & Cultural Diversity	FC 2.5 Hand Hygiene Microbiology	Sports
Saturday 26.09.2026	Reflections FCC	FC 5.5 Online Research & Ethics	FC 2.6 Needle Stick Injury	FC 5.4 Basic Computer Skill (IT Department)			Non-Verbal Communication Workshop		Sports & Extra curricula
Monday 28.09.2026	Student Reflections (ECA) FCC	FC 5.3 English Language	FC 4.1, 4.2, 4.3 White Coat Ceremony FCC				Student Reflections & Feedback FCC		Sports

	Orientation Module (22 hrs)		Language Module (10 hrs)		Professional Development (24 hrs)
	Skill Module (15 hrs)		Sports & ECA (14 hrs)		Community Orientation (5 hrs)